

BETTER CARE, BETTER RESULTS  
PRE + POST OPERATIVE CARE SERVICES  
LIKE IT NEVER EVEN HAPPENED



Our surgical care services dramatically improve the surgery experience and recovery process with pre and post operative therapies. Such treatments help prepare patients and their bodies for life before and after surgery and help accelerate the recovery process.

**ESSENTIAL RECOVERY** \$1350 to \$1650  
10 Lymphatic Massages  
One area  
Multiple areas

**RAPID RECOVERY** \$1850  
10 Lymphatic Massages  
2 IV treatments

**MASTER RECOVERY** \$3200  
10 Lymphatic Massages  
Pre + Post IV therapy  
1 Morpheus treatment

**SCAR REVISION** \$600 and up  
Consultation required

**SKIN TIGHTENING** \$1500 and up  
Morpheus — Body

#### VITAMIN BOOSTER INJECTIONS

NAD Vitamin injection \$100  
Vitamin B12 injection \$30  
Glutathione injection \$40

#### IV THERAPIES

Compounded with magnesium, calcium, vitamin c, zinc, b-complex, b-12, and amino acids.

**PRE OPERATIVE IV THERAPY** \$250  
Provides additional energy needed before surgery by providing enhanced protection from illness, reducing anxiety, maintaining hydration, and increasing the overall well-being.

**POST OPERATIVE IV THERAPY** \$250  
Helps patients return back to daily life by expediting the recovery time and produces collagen.

**NAD IV THERAPY** \$600 and up  
Stimulates cell regeneration in the body, manage fatigue, low energy levels, and increases mental abilities, promoting better overall health.

#### OPERATIVE CARE PRODUCTS

Scar Cream \$40  
Spray by Briotech (open wound care) \$15  
Skin Rejuvenator by Alastin Skincare \$199  
Aftercare Home Kit \$250 and up



The recovery process after cosmetic surgery differs from person to person depending on a variety of factors such as age, health, physical activity, and skin characteristics.

You want to heal as quickly as possible after having plastic surgery, especially if it is a body procedure such as a tummy tuck, liposuction, or a mommy makeover. You want to feel better so you can return to your normal routine, but you also want to see the results of your procedure sooner. While rest, gentle activity, and following your post-op instructions are all important, lymphatic drainage massage can help you recover faster.

### **The Benefits**

Your lymphatic system is essential for healing, tissue regeneration, and toxin removal. When the body is under stress, such as when fighting an illness, recovering from an infection, or dealing with emotional stress, the lymphatic system can slow down. Manual lymphatic massage "re-starts" the system of moving lymph through the body and can provide a number of advantages, including:

- Improved recovery from illness, injury, or surgery.
- Aids relaxation and stress relief
- Scar formation is reduced by increasing healing responses.
- Excess water and metabolic waste are removed from the body's tissues.
- Swelling and fluid retention are reduced.
- Enhances skin quality and gives it a more vibrant appearance

### **Why Is Lymphatic Massage Necessary Following Cosmetic Surgery?**

Swelling is one of the side effects of cosmetic surgery. As fluid rushes to the area to nourish it with white blood cells, this is a normal inflammatory response and part of the healing process. Tummy tucks and liposuction, in particular, frequently cause additional swelling because excess fluid and fat cells harden within a few weeks of surgery.

Lymphatic massage aids in the movement of accumulated fluid, allowing it to return to the lymphatic passages, where excess waste and fluid can be flushed from the body. This prevents fibrosis, the formation of thick, fibrous scar tissue beneath the skin, as well as swelling and bruising. Many doctors strongly recommend lymphatic drainage after surgery for their patients' comfort as well as to help them achieve the best possible results.

*Better Care, Better Results*